Possible Exposure on a Cruise Ship: Coronavirus Disease 2019

You are receiving this card because you may have been exposed to a traveler infected with the Coronavirus Disease (COVID-19).

**Protect yourself and others**
- For 14 days after your voyage, stay home and check yourself for these symptoms: fever, cough, or difficulty breathing.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Wash your hands often with soap and water—especially after you cough or sneeze. If not available, use at least a 60% alcohol-based hand sanitizer.

**If you get sick with fever, cough, or difficulty breathing, seek medical care right away.**
- Avoid contact with others.
- Don’t travel on public transportation while sick.
- Call ahead before seeing a doctor or going to an emergency room.
- Tell them your symptoms and that you were exposed to a person with COVID-19.
- Give them this card.

**Triage Staff/Clinicians:**
- Use standard, contact, and airborne precautions, and eye protection.
- Notify infection control and your state/local health department immediately.

**For more information:** [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)